

ISSN (E): 2320-3862
ISSN (P): 2394-0530
<https://www.plantsjournal.com>
JMPS 2023; 11(5): 01-12
© 2023 JMPS
Received: 01-06-2023
Accepted: 07-07-2023

Akshay Milind Patil
Centre for Biotechnology
Pravara Institute of Medical
Sciences (DU) Loni, Tal. Rahata,
Ahmednagar, Maharashtra,
India

Sonali Das
Centre for Biotechnology
Pravara Institute of Medical
Sciences (DU) Loni, Tal. Rahata,
Ahmednagar, Maharashtra,
India

Ganesh Bapuro Janvale
Department of Bioinformatics,
College of Agricultural
Biotechnology, MPKV Rahuri,
Maharashtra India

Shrutkirti Shahaji Shinde
Centre for Biotechnology
Pravara Institute of Medical
Sciences (DU) Loni, Tal. Rahata,
Ahmednagar, Maharashtra,
India

Dhanvarsha Pralhad Bhusari
Department of Bioinformatics,
College of Agricultural
Biotechnology, MPKV Rahuri,
Maharashtra India

Sanghamitra Kadam
Department of Bioinformatics,
College of Agricultural
Biotechnology, MPKV Rahuri,
Maharashtra India

Corresponding Author:
Akshay Milind Patil
Centre for Biotechnology
Pravara Institute of Medical
Sciences (DU) Loni, Tal. Rahata,
Ahmednagar, Maharashtra,
India

Anti-diabetic and anti-inflammatory activity of different metabolites extracted from *Mesua ferrea* using chromatographic techniques

Akshay Milind Patil, Sonali Das, Ganesh Bapuro Janvale, Shrutkirti Shahaji Shinde, Dhanvarsha Pralhad Bhusari and Sanghamitra Kadam

DOI: <https://doi.org/10.22271/plants.2023.v11.i5a.1579>

Abstract

Overuse of antimicrobial drugs has led to selective resistance to existing antibiotics, necessitating the development of different and improved alternatives. Natural substances, particularly those derived from plants, are well-known for their therapeutic characteristics, including antibacterial and antifungal properties. The main objective of the present study was to evaluate the anti-inflammatory activity of isolated bioactive flavonoid *Mesua ferrea* in-A from the bark of *Mesua ferrea* L. by *in vivo* approach. The Alpha Amylase Inhibition Assay was used to assess antidiabetic effectiveness *in vitro*. Fractions 3 and 5 displayed the most activity. Using reducing power, an antioxidant activity test was performed. Fraction no. 3 showed a higher absorbance of 0.94 at 500 g/ml.

Keywords: Chromatography, *Mesua ferrea* Linn, anti-diabetic and anti-inflammatory activity, secondary metabolites

Introduction

Mesua ferrea Linn is a medium to big evergreen tree of the Clusiaceae family that is extensively spread in India, Burma, Nepal, Thailand, Indochina, and New Guinea (Van Sam H. *et al.* 2004, Byrne, C., 2018) [119, 21]. It is found in the lower Himalayas from Nepal, Bengal, Andhra Pradesh and the Andaman and Nicobar Islands in India (Nadpara, N. 2012, Barbade, K. D., & Datar, A. G. 2015, Shome, U. 1982, Chitte, R. 2016) [82, 18, 105, 28] and reach elevations of up to 1500 metres (Siram, O., 2022, Rajilesh, V. K. 2019) [105, 93]. The plant is widely used in traditional medicine for a variety of pharmacological activities and is used in a variety of traditional medicinal preparations such as Nagkeshara-adi-churna, Nagkeshara Yoga, Eladi Churna, Lavangadi Churna, and Dasamoolarishta, among others (Barbade, K. D., & Datar, A. G. 2015) [18]. The seeds, leaves, and stem bark of *Mesua ferrea* have been researched for a variety of therapeutic qualities including antioxidant and antibacterial activity, analgesic, antispasmodic, and anti-venom action, immunomodulatory and anti-arthritis potentials, and anti-venom activity (Chahar M. *et al.* 2013, Kotteswari M, *et al.* 2018, Sharma, A., *et al.* 2017) [22, 63, 102]. The flowers of the plant have also been researched for their therapeutic including immunomodulatory properties (Chakraborty, D. *et al.* 2023, Subramaniam, K., *et al.* 2021 Asif, M., *et al.* 2017, Rouger, C., *et al.* 2019, Kshirsagar, P. R., & Patil, S. M. 2020, Zhang, D., *et al.* 2021, and Gupta, A., *et al.* 2014) [23, 114, 11, 97, 65, 125, 47], anti-diabetic (Balekari, U., & Veeresham, C. 2015, Hasan, M., *et al.* 2020, Gupta, A., & Chaphalkar, S. R. 2015) [17, 51, 46], anti-inflammatory (Rajalakshmi P. *et al.* 2019, Gupta, A., & Chaphalkar, S. R. 2015, Murthuza, S., & Manjunatha, B. K. 2018, Nakyai, W., *et al.* 2021) [92, 46, 81, 83]. Its flower's volatile oil displayed antibacterial, antifungal, and anthelmintic properties (Keawsa-Ard, S., *et al.* 2015, Rmw, L., *et al.* 2020, Joseph, C. *et al.* 2010, Drissi, B. *et al.* 2022, Tadesse, S. *et al.* 2011) [58, 96, 57, 40, 115]. The dried blossoms of the plant are scented and used to cure bleeding piles, diarrhoea, cough, and as a carminative (Shubhashree, M. *et al.* 2015, Kumari, R., 2019, Selvam, A. 2008, Maneesha S. *et al.* 2021, and B Aggarwal, *et al.* 2011) [106, 67, 99, 77, 5, 16]. Furthermore, this *Mesua ferrea* plant products demonstrated antibacterial action due to proteins or peptides (low molecular mass) that were tested (Nakyai, W., *et al.* 2021, Khameneh, B., *et al.* 2019, Zaid, A. N., & Al Ramahi, R. 2019, Seukep, A. J., *et al.* 2020,

Vaou, N., *et al.* 2021) [83, 59, 124, 100, 120]. *In-vivo* and *in-vitro* antioxidant activity of methanol and ethanol extracts of *Mesua ferrea* flowers has also been documented (Barbade, K. D., & Datar, A. G. 2015, Chitte, R. *et al.* 2016, Plekratoke K., *et al.* 2023) [18, 28, 90]. However, only a little amount of study has been recorded for the stamens of *Mesua ferrea*, which constitute a prominent element of *Mesua ferrea* flowers because to their abundance. However, there is a scarcity of scientific evidence on their therapeutic potentials, phytochemical analyses, and *in-vivo* safety (Khanduri, V. 2023, Shelke, R. G., & Rangan, L. 2022, Raman, T. 1998, Krishnadas, M., Chandrasekhara, K., & Kumar, A. 2011) [61, 104, 94, 64].

New synthetic antimicrobial, antioxidant, antidiabetic, and anti-inflammatory drugs have been developed as a result of the increased prevalence of multiple drug resistance (Govindappa, M. *et al.* 2011, Confederat, L. G., *et al.* 2021, Hamidpour, R., *et al.* 2017) [43, 30, 50]. In addition, the new drug is required to look for new antimicrobial, antioxidant, antidiabetic, and anti-inflammatory from alternative sources (Martelli, G., & Giacomini, D. 2018) [78]. Bioactive compounds from medicinal plants with pharmacological activities have the ability to meet this demand since their structures diverge from those of the most explored plants, although those with more activity may differ (Atanasov, A. G., *et al.* 2015, Cucu, Alexandra-Antonia, *et al.* 2022, Gracz-Bernaciak, *et al.* 2021) [13, 31, 44]. The fast rise of diverse drug-resistant pathogen strains to present antimicrobial medicines has created an urgent need for novel antibiotics derived from medicinal plants (Amenu, D. 2014, Vaou, Natalia, *et al.* 2021, Cheesman, Matthew J., *et al.* 2017, Subramani, R., *et al.* 2017, Abdallah, E. *Et al.* 2011, Anand, U., *et al.* 2019) [9, 120, 26, 113, 1, 10]. Many medicinal plants have been intensively tested for antibacterial capabilities all throughout the world (Das, K. *et al.* 2010, Mahady, G. B. 2005, Atanassova, M. *et al.* 2011, Farzaneh, V., & Carvalho, I. S. 2015, Debnath, M. 2008) [32, 74, 14, 41, 35]. In normal or pathological cell metabolism, free radicals with one or more unpaired electrons (superoxide, hydroxyl, peroxy) are formed, and substances that can scavenge free radicals have a high potential for treating illnesses and sick cells (Young, I. S., & Woodside, J. V. 2001, Devasagayam, T. *et al.* 2004, Agarwal, A., *et al.* 2006, Singh, R. *et al.* 2004, Khan, F., *et al.* 2018, Valko, M. *et al.* 2007) [123, 37, 2, 108, 60, 118]. Thus, antioxidants play a crucial role in protecting the human body from harm caused by reactive oxygen species. Diabetes is a chronic carbohydrate, lipid, and protein metabolic condition characterised by elevated fasting and postprandial blood sugar levels (Lozano, I., *et al.* 2016, De Silva, *et al.* 2012, Singh, A. *et al.* 2021, Avignon, A., 2012, Amalan, V., 2016, Shali, K. 2022) [73, 33, 107, 15, 7]. Inflammation is a physical reaction to damage, infection, or destruction that is characterised by heat, redness, discomfort, swelling, and disrupted physiological activities. The release of chemical mediators from wounded tissue and migratory cells causes it to occur (Divya, R. *et al.* 2016, Chandra, S. *et al.* 2012, Tiwari, Y. *et al.* 2021, Gunalan, S., *et al.* 2020, Chatterjee, P. *et al.* 2012, Asija, R., *et al.* 2014) [39, 24, 117, 45, 25, 12]. The *Mesua ferrea* Linn. proved beneficial for several system illnesses, and it is the third most used medicine by domestic industries in terms of volume, behind Amalaki, and Hareetaki (Sharma, R., *et al.* 2019, Devi, Y. D. (2012) [103, 38]. *Mesua ferrea* Linn. is a member of the Clusiaceae (Syn. Guttiferae) family. It consist two new bioflavonoids and lupeol type of tri-terpenoid (Saxena, H. *et al.* 2022, Kumar S. 2014) [98] which are beneficial to treat various disorders like

Diarrhoea, internal haemorrhages, menorrhagia, scabies, skin eruptions, itching, small tumours, headache, blood and heart troubles, sore throat, cough, hiccough, vomiting, thirst, dysentery, and bleeding piles (DeFilippis RA, and Krupnick GA. 2018, Aggarwal B. *et al.* 2011, Khare, C. P., 2008) [36, 5, 16]. Its bark is an excellent demulsifier (Lemos, R. *et al.* 2010) [71], its fresh blooms are aromatic, bitter, and stomachic; and its leaves are aromatic, bitter, and stomachic dried blossoms are stimulant and carminative, its unripe fruits are aromatic, acrid and purgative (Selvam, A. 2008, Lata, S. 2019) [99, 69]. In this research, we have used the bioactive compounds from *Mesua ferrea* Linn. to perform ant-diabetic and anti-inflammatory activity.

Materials and Methods

Column chromatography, TLC and Lyophilisation

Column chromatography

In column chromatography, the column 2 cm x 25 cm was packed with a solution of silica gel with water using the wet slurry method (Patra, J. K., 2012, Patil, A. M., *et al.* 2023, Patra, J. K., & Thatoi, H. 2013, Minai-Tehrani, D., & Herfatmanesh, A. 2007) [88-89, 85 86-87, 80]. A ball of wool (glass wool) was pushed into the column to settle atop the packed silica gel (Mandal, S., 2017, Milton, G. M., & Brown, R. M. 1993) [76, 79]. The solvent system of n-butanol: acetic acid: water (4:1:1) was poured continuously into the column and allowed to drained and about 8 fraction of 5 -6 ml was collected in sterile centrifuge tube (Hu C., 2023, Chitte, R. R., *et al.* 2016) [53, 28]. The fraction eluted on column was tested with same solvent system by TLC for the presence of active compounds (Patra J. *et al.* 2012, Patra, J. K., & Thatoi, H. 2013) [88-89, 86-87].

Thin layer chromatography (TLC)

Fraction eluted on column was subjected to TLC as per conventional one dimensional ascending method using silica gel (60F₂₅₄ MERCK) pre-coated plate (Jain M. *et al.* 2010, Mallavadhani, U. V. *et al.* 2019, Takale, N., *et al.* 2023) [54-55, 75, 116]. For TLC applied sample volume 1µl by using capillary and solvent system was used is *n*- butanol: acetic acid: water. After pre-saturation with mobile phase 20 min for development of band were used (Agatonovic-Kustrin, S., 2023, Amarasiri, S. S., 2023, Akram, M. N., 2021, Nöst, X., 2021 Wianowska, D., & Olszowy-Tomczyk, M. 2023) [4, 8, 6, 84, 122]. After run the plates they are dried using dryer and plates were observed under various wavelength at 254nm and 366nm for band detection (Lawag, I. L., 2022, Hakim, M., & Patel, I. 2022, Agatonovic-Kustrin, S., 2020) [70, 49, 3]. Colour of the spot and pattern were observed and RF value were calculated using formula:

$$\text{RF (Retention factor)} = \frac{\text{Distance travelled by solute}}{\text{Distance travelled by solvent front}}$$

Lyophilisation

Lyophilisation was done for prolonged storage of sample that will no longer allow biological growth or chemical reaction in this process (Wang, W. 2000, Gaidhani, K. A., 2015) [21, 42]. The 1 ml column eluted pure fraction of bioactive compound was lyophilised using lyophilizer for 4 to 5 hours to get the complete dried powder (Smith, M. A. L., 2000, De Zoysa, M., 2008, Previtera, L., 2016, Jayaprakasha, G. K., 2007, Hayashi, T., 1996) [110, 34, 91, 56, 52]. The powder retested for *In vitro* activity and store at 4 °C.

Anti-diabetic activity**Antidiabetic activity of *Mesua ferrea* Linn was done by following methods**

Inhibition of alpha amylase enzyme Standard maltose curve
Alpha amylase inhibition assay.

Amount of maltose produced is calculated using standard maltose curve and enzyme activity is calculated by using formula

$$\text{Enzyme activity} = \frac{\text{Amount of maltose formed} \times 2}{10 \times 342}$$

Anti-inflammatory Activity:

Anti-inflammatory activity of *Mesua ferrea* Linn was done by using Albumin Denaturation Assay and the percent inhibition of protein denaturation was calculated as follow;

$$\text{Percentage inhibition} = \frac{\text{Abs. control} - \text{Abs. sample}}{\text{Abs. control}} \times 100$$

Membrane stabilization test**Preparation of red blood cells (RBCs) Suspension**

Fresh whole human blood (10 ml) was collected and transferred to the centrifuge tube. The tubes were centrifuged at 3000 rpm for 10 min. and were washed three times with equal volume of normal saline. The volume of blood was measured and constituted as 10% v/v suspension with normal saline (Sakat *et al.*, 2010) [126].

Heat Induced Haemolytic:

The reaction mixture 2 ml consisted of 1 ml of test sample

solution and 1 ml of 10% RBCs suspension. Instead of test sample only saline was added to the control test tube. Aspirin was taken as a standard drug.

All the centrifuged tube containing reaction mixture was incubated in water bath at 56 °C for 30 min. At the end of the incubation the tube were cooled under running tap water. The reaction mixture was centrifuged at 2500 rpm for 5 min. and the absorbance of the supernatants was taken at 560 nm. The experiment was performed in triplicate for all the test sample, % membrane stabilization activity was calculated by formula; (Shinde *et al.*, 1999 and Sakat *et al.*, 2010) [127, 126]

$$\text{Percentage inhibition} = \frac{\text{Abs. control} - \text{Abs. sample}}{\text{Abs. control}} \times 100$$

Protein Inhibitory Action

The test was performed according to the modified method of Oyedepo *et al.*, (1995) [128] and Sakat *et al.*, (2010) [126]. The reaction mixture (2 ml) was containing 0.06 mg trypsin, 1 ml of 20 Mm Tris HCL buffer (pH 7.4) and 1 ml test sample of different concentration. The reaction mixture was incubated at 37 °C for 5 min. and then 1 ml of 0.8% (W/V) casein was added. The mixture was inhibited for an additional 20 min., 2 ml of 70% Perchloric acid was added to terminate the reaction. Cloudy suspension was read at 210 nm against buffer as blank. The experiment was performed in triplicate (Leelaprakash G., Dass. Mohan 2011) [129] Percentage protein inhibition activity was calculated by formula;

$$\text{Percentage inhibition} = \frac{\text{Abs. control} - \text{Abs. Sample}}{\text{Abs. control}} \times 100$$

Table 1: Phytochemical analysis of *Mesua ferrea*

Sr. No.	Name of phytochemicals	Test	Inference	Observation
1	Alkaloid	Add 2 ml of extract to 2N HCL decand aqueous layer formed and few drop of mayers reagent	Cream precipitate observe indicating the presence of alkaloid	Cream precipitate was observed
2	Phenolic compounds	Compounds-Add 3-5 drops of 5% FeCl ₃ solution to 2 ml of extract	Formation of deep blue colour	Deep blue colour was observed
3	Flavonoids	In 2 ml of extract, add 2-5 drops of 1N NaOH	Formation of yellow orange colour	Yellowish orange colour seen
4	Saponins	Add 2 ml of extract with 6 ml of water in a test tube	Observe for persistent foam	Observation of persistent foam
6	Tannins	Add 2 ml of aqueous extract with 2 ml of distilled water and few drops of Fecal ₃	Formation of green precipitate	Green precipitate was observed
7	Leucoanthocyanins	Add 5 ml of aqueous extract to 5 ml of isoamyl alcohol.	Upperlayer appears red in colour	Red colour was not observed
8	Quinone	Add 2 ml of extract with concentrated HCl	Formation of yellow precipitate	Yellow precipitate was observed
9	Coumarin	Add 3 ml of 10% NaOH to 2 ml of aqueous extract	Formation of yellow colour	Yellow colour was observed
10	Steroid	Dissolve 1 ml of extract in 10 ml of chloroform and add equal volume of concentrated H ₂ SO ₄	The upper layer turns red and H ₂ SO ₄ layer shows yellow green fluorescence	The upper layer turns red and H ₂ SO ₄ layer yellow green fluorescence
11	Emodins	Add 2 ml of extract with concentrated HCl	Formation of yellow precipitate	Yellow precipitate was observed
12	Phlobatanin	Add 2 ml of aqueous extract to 2 ml of 1% HCl and boil the mixture.	Deposition of red precipitate	Red precipitate was not observed
13	Anthocyanin	Add 2 ml of aqueous extract to 2 ml of 2N HCl and Ammonia	Appearance of pink- red urns Blue-violet	Pink-red colour turns Blue-violet

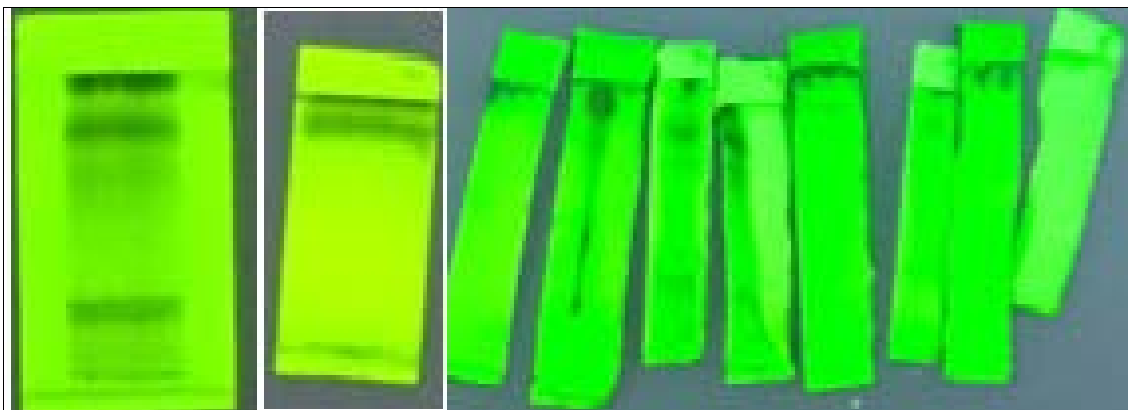
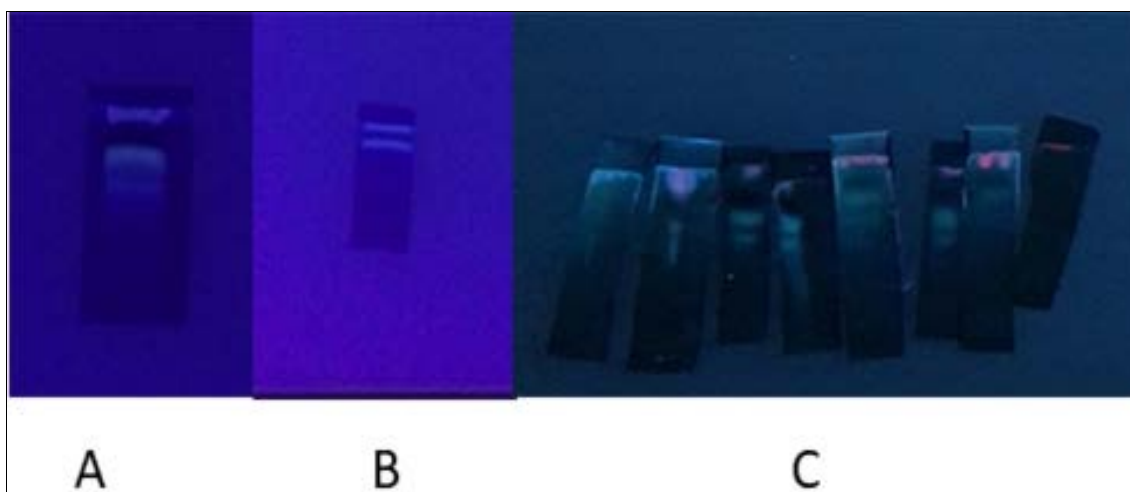
Results and Discussion**Column chromatography and TLC studies**

Thin layer chromatographic studies of partial purified methanol fraction of *Mesua ferrea* Linn was done by using silica gel 60 F₂₅₄ (MERCK) aluminium plate. Solvent system

n-butanol: acetic acid: water (4:1:1) was used for separation of compound. Partial purified fraction eluted on column chromatography showing different band pattern at 254 nm and 366nm. spot were characterized by R_f value under UV light

Table 2: TLC investigation and banding pattern for column eluted fractions

fraction no.	Solvent system	No. of spot detected		Rf value	
		254 nm	366 nm	254 nm	366 nm
1	n-butanol: Acetic acid: water	-	-	-	-
2	n-butanol: Acetic acid: water	1	-	0.80	-
3	n-butanol: Acetic acid: water	1	2	0.77	0.77,0.74
4	n-butanol: Acetic acid: water	1	1	0.85	0.85
5	n-butanol: Acetic acid: water	1	2	0.87	0.87
6	n-butanol: Acetic acid: water	1	1	0.85	0.85,0.86
7	n-butanol: Acetic acid: water	-	-	-	-
8	n-butanol: Acetic acid: water	-	-	-	-

**Fig 1:** TLC profiling and banding pattern of column eluted fraction at 254 nm by using n-butanol: acetic acid: water as a solvent system**Fig 2:** TLC profiling and banding pattern of column eluted fraction at 366 nm using n-butanol: acetic acid: water as a solvent system

Lyophilisation of column eluted fractions

Pure compounds were lyophilized and stored at 4 °C for better stability and long life of compounds.

Estimation of protein content of column eluted fractions using Nano Drop spectrophotometer

3.2.1
3.2.2

Table 3: Determination of Protein concentration by Nanodrop technique

Fraction no	Protein concentration
1 (water eluted)	0.650
2 (water eluted)	60.078
3 (solvent eluted)	158.222
4 (solvent eluted)	66.102
5 (solvent eluted)	25.610
6 (solvent eluted)	46.433
7 (solvent eluted)	12.303

The NanoDrop spectrophotometer from NanoDrop technologies is designed for measuring nucleic acid, protein

concentration in sample volumes of one microliter. Column eluted 7 fraction of *Mesua ferrea* Linn were checked for protein determination in which fraction No. 3 showed highest 158.222 protein concentration followed by fraction 4 (66.102), fraction 6 (46.433)

In vitro Anti-inflammatory activity: Albumin denaturation assay:

Denaturation of protein is a well-documented cause of inflammation. As a part investigation on the mechanism of the anti-inflammatory activity, ability of fraction to inhibit denaturation was studied. Column eluted fraction were effective in inhibiting albumin denaturation maximum inhibition of 84.67% was observed at 500µg/ml, aspirin a standard drug show maximum inhibition 89.23% at concentration of 500 µl/ml. Dr. Manjunatha, Divakara R. *et al.* 2013 [81] reported that the heat induced denaturation of protein was effectively inhibited by pet ether and methanol extract resp. 23.52±2% and 47.40±2%).

Table 4: Percentage inhibition of Albumin denaturation assay

Test sample	Albumin Denaturation
Fraction 3	84.67±0.010
Fraction 4	69±0.006
Fraction 6	40.89±0.010
Fraction 7	50±0.010
Aspirin	89.23±0.010

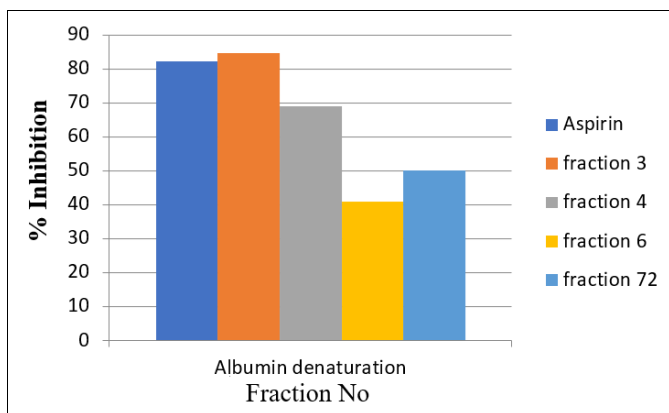


Fig 3: Percentage inhibition of Albumin denaturation assay on column eluted fractions of Nagkesar

Membrane stabilization assay

The HRBC membrane stabilization has been used as a method to study the *in vitro* anti-inflammatory activity because the

erythrocyte membrane is analogous to the lysosomal membrane and its stabilization implies that the column eluted fraction may well stabilize lysosomal membranes. Stabilization of lysosomal is important in limiting the inflammatory response by preventing the release of lysosome constituents of activated neutrophil, such as bacterial enzymes and proteases, which causes further tissue inflammation and damage upon extra cellular release. purified fraction were effective in membrane stabilization at different concentration as shown in Table, maximum inhibition of fraction no.3. 73.6% was observed at 500 µg/ml, followed by fraction 4(68%) & fraction no.6 (64%) Aspirin a standard drug show maximum inhibition 79.85% at concentration of 500 µg/ml.5. Dr. Manjunatha, Divakara R. 2013 ^[81] reported that the HRBC membrane stabilization effect (by inhibiting hypotonicity induced lyses of erythrocyte membrane) of methanol extract at a concentration of 500 µg/ml was 34.20±0.2% and 78.20±0.2% and standard drug Diclofenac was showed 73.00% protection.

Table 5:% inhibition of Membrane Stabilization assay

Test Sample	Membrane Stabilization assay
Fraction 3	73.6±0.010
Fraction 4	68±0.010
Fraction 6	56.60±0.010
Fraction 7	64±0.010
Aspirin	79.85±0.006

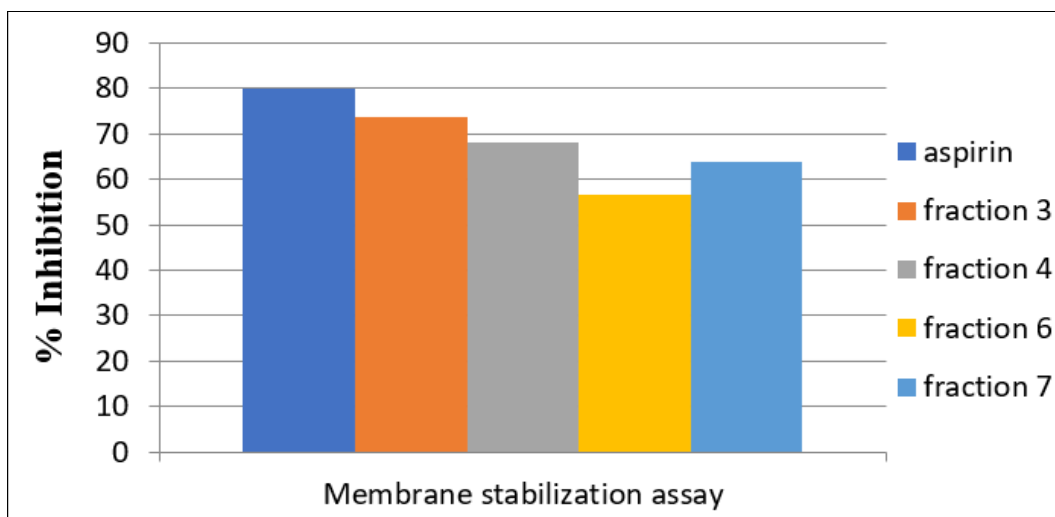


Fig 4: Membrane stabilization assay of column eluted fractions of *Mesua ferrea* Linn

Proteinase inhibitory activity

Proteinases have been implicated in arthritic reactions. Neutrophils are known to be a rich source of proteinase which carries in their lysosomal granules many serine proteinases. It was previously reported that leukocytes proteinase play an important role in the development of tissue damage during inflammatory reactions and significant level of protection was provided by proteinase inhibitors. *Mesua ferrea* Linn partial purified fraction exhibited significant antiproteinase activity at different concentrations as shown in Table 3.6.3. Maximum inhibition of fraction no.3 90.62% was observed at 500 µg/ml, followed by fraction 7(71.25%) & fraction 4(62.5%) aspirin a standard drug show maximum inhibition 88.48% at conc.500 µg/ml. Fraction 3 has maximum inhibition and good anti-

inflammatory activity. Dr. Manjunatha, Divakara R. 2013 ^[81] reported that proteinase inhibitor activity of pet ether and methanol extracts of *Mesua ferrea* Linn was found to be 40.66±0.2% and 50.73±0.2% respectively at the concentration of 500 µg/ml of plant extract.)

Table 6: Percentage inhibition of Proteinase denaturation of column eluted fractions of *Mesua ferrea* Linn

Test sample	Proteinase inhibition
Fraction 3	90.62±0.032
Fraction 4	62.5±0.008
Fraction 6	55±0.008
Fraction 7	71.25±0.008
Aspirin	88.48±0.007

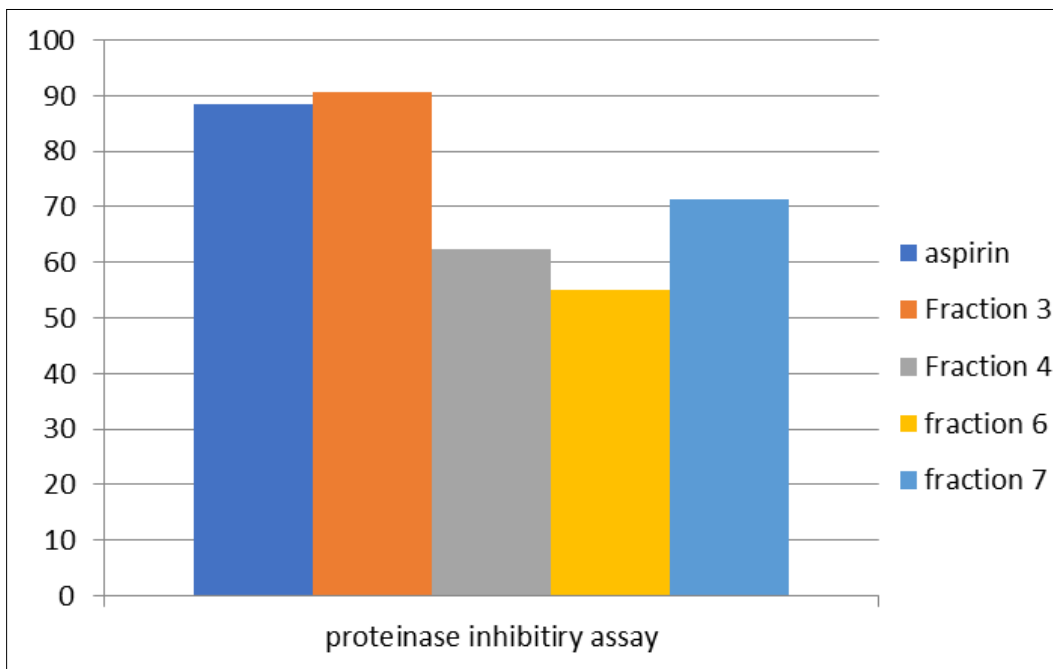


Fig 5: Proteinase denaturation of column eluted fractions of *Mesua ferrea* Linn



Fig 7: Anti-inflammatory assay of column eluted sample

***In vitro* Ant diabetic activity**

Alpha amylase inhibition assay

The intestinal digestive enzyme alpha-amylase plays a vital role in the carbohydrate digestion. Antidiabetic therapeutic approach reduces the post prandial glucose level in blood by the inhibition of alpha- amylase enzyme. The *In vitro* alpha amylase inhibitory studies demonstrated that *Mesua ferrea*

Linn has well Antidiabetic activity. Column eluted fraction showed maximum inhibition of fraction No.3 84.93% at conc.500µg/ml and fraction No. 5 66.14% at conc.500 µg/ml. While reported that Antidiabetic activity of *Mesua ferrea* Linn seed is 67.52% at conc. 640 µg/ml. Dependant% inhibition listed in Table 4.6

Table 7: *In vitro* alpha amylase inhibition method

Concentration in µg/ml	Fraction 3		Fraction 5		Standard	
	Abs.	% inhibition	Abs.	% inhibition	Abs.	% inhibition
100	0.361	43.30±0.004	0.171	34.60±0.005	0.027	43±0.05
200	0.794	58.63±0.004	0.174	50±0.002	0.032	59±0.05
300	1.114	75±0.004	0.239	53.03±0.004	0.053	74.42±0.06
400	1.415	82.46±0.005	0.251	66.14±0.004	0.057	82.23±0.06
500	1.323	84.98±0.003	0.286	70.71±0.003	0.075	85.75±0.08

Values are expressed as mean±SD; Experimental group were compared with control
 ***p*<0.01, considered extremely significant.



Fig 8: *In vitro* alpha amylase inhibition assay of column eluted fractions

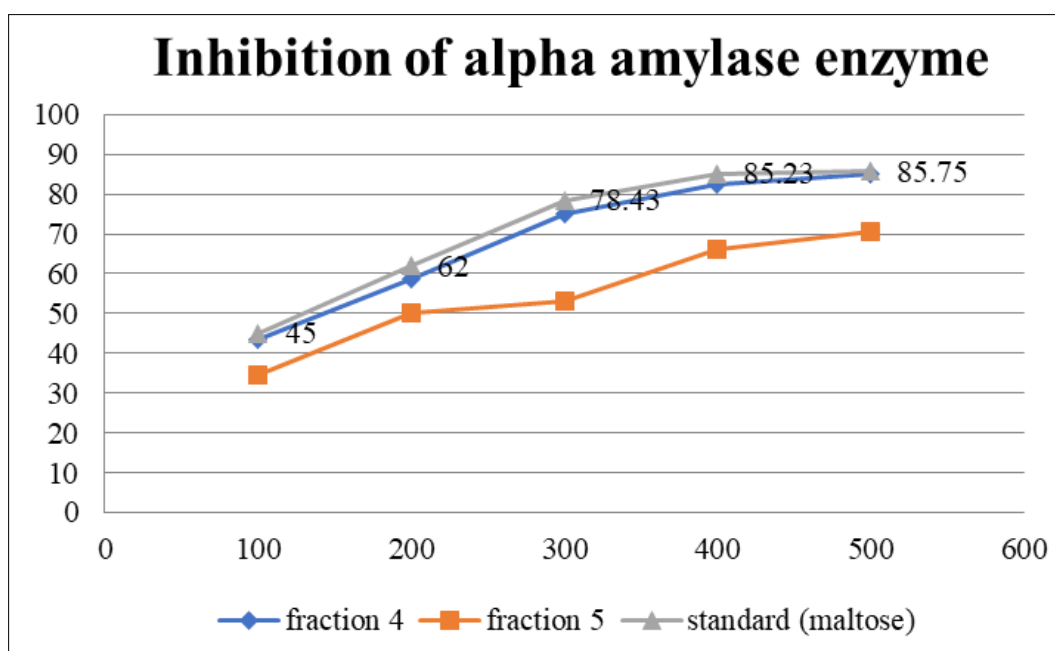


Fig 9: Graphical representation of *In vitro* alpha amylase inhibition assay of column eluted fractions of Nagkesar using maltose as a standard

Conclusion

The study's purpose was to describe the *in vitro* pharmacological activity of *Mesua ferrea* Linn. In a thin layer chromatographic study, n-butanol, acetic acid, and acetone were utilised as various solvent systems with varying polarity. TLC profiling reveals a pure band of peptide at 254 and 366 nm. *In vitro* anti-inflammatory effectiveness was evaluated using proteinase inhibitory activity, membrane stabilisation test, and albumin denaturation. Using aspirin as the reference drug, the anti-inflammatory activity fractions with the highest activity against albumin denaturation, membrane stabilisation assay, and proteinase inhibitory activity were examined. The Alpha Amylase Inhibition Assay was used to assess antidiabetic effectiveness *in vitro*. Fractions 3 and 5 displayed the most activity. Using reducing power, an antioxidant activity test was performed. Fraction no. 3 showed a higher absorbance of 0.94 at 500 g/ml.

References

1. Abdallah EM. Plants: An alternative source for antimicrobials. *Journal of Applied Pharmaceutical Science*. 2011;1(6):16-20.
2. Agarwal A, Prabakaran S, Allamaneni S. What an andrologist/urologist should know about free radicals and why. *Urology*. 2006;67(1):2-8.
3. Agatonovic-Kustrin S, Kustrin E, Gegechkori V, Morton DW. Bioassay-guided identification of α -amylase inhibitors in herbal extracts. *Journal of Chromatography A*. 2020;1620:460970.
4. Agatonovic-Kustrin S, Wong S, Dolzhenko AV, Gegechkori V, Ku H, Tucci J, *et al.* Evaluation of bioactive compounds from *Ficus carica* L. leaf extracts via high-performance thin-layer chromatography combined with effect-directed analysis. *Journal of Chromatography A*, 2023, 464241.
5. Aggarwal BB, Prasad S, Reuter S, Kannappan R, Yadav VR, Park B, *et al.* Identification of novel anti-inflammatory agents from Ayurvedic medicine for prevention of chronic diseases: reverse pharmacology and bedside to bench approach. *Curr Drug Targets*. 2011;12(11):1595-653. doi: 10.2174/138945011798109464. PMID: 21561421; PMCID: PMC3170500.
6. Akram MN, Verpoorte R, Pomahačová B. Methods for

- the analysis of galanthamine and its extraction from laboratory to industrial scale. *South African Journal of Botany*. 2021;136:51-64.
7. Amalan V, Vijayakumar N, Indumathi D, Ramakrishnan A. Antidiabetic and antihyperlipidemic activity of p-coumaric acid in diabetic rats, role of pancreatic GLUT 2: *In vivo* approach. *Biomedicine & Pharmacotherapy*. 2016;84:230-236.
 8. Amarasiri SS, Attanayake AP, Arawwawala LD, Mudduwa LK, Jayatilaka KA. *Barleria prionitis* L. extracts ameliorate doxorubicin-induced acute kidney injury via modulation of oxidative stress, inflammation, and apoptosis. *Journal of Traditional and Complementary Medicine*; c2023.
 9. Amenu D. Antimicrobial activity of medicinal plant extracts and their synergistic effect on some selected pathogens. *American Journal of Ethnomedicine*. 2014;1(1):18-29.
 10. Anand U, Jacobo-Herrera N, Altemimi A, Lakhssassi N. A comprehensive review on medicinal plants as antimicrobial therapeutics: potential avenues of biocompatible drug discovery. *Metabolites*. 2019;9(11):258.
 11. Asif M, Jafari SF, Iqbal Z, Revadigar V, Oon CE, Majid ASA, *et al.* Ethnobotanical and Phytopharmacological attributes of *Mesua ferrea*: A mini review. *Journal of Applied Pharmaceutical Science*. 2017;7:242-251.
 12. Asija R, Prajapat R, Vyas P, Kumar V. *Journal of Drug Discovery and Therapeutics*. 2014;2(22)31-35.
 13. Atanasov AG, Waltenberger B, Pferschy-Wenzig EM, Linder T, Wawrosch C, Uhrin P, *et al.* Discovery and resupply of pharmacologically active plant-derived natural products: A review. *Biotechnology advances*. 2015;33(8):1582-1614.
 14. Atanassova M, Georgieva S, Ivancheva K. Total phenolic and total flavonoid contents, antioxidant capacity and biological contaminants in medicinal herbs. *Journal of the University of Chemical Technology & Metallurgy*. 2011;46(1).
 15. Avignon A, Hokayem M, Bisbal C, Lambert K. Dietary antioxidants: do they have a role to play in the ongoing fight against abnormal glucose metabolism?. *Nutrition*. 2012;28(7-8):715-721.
 16. Aggarwal BB, Prasad S, Reuter S, Kannappan R, Yadav RV, Park B, *et al.* Identification of novel anti-inflammatory agents from Ayurvedic medicine for prevention of chronic diseases: Reverse pharmacology and bedside to bench approach. *Current drug targets*. 2011 Oct 1;12(11):1595-1653.
 17. Balekari U, Veeresham C. Insulinotropic Activity of Methanolic Extract of *Mesua ferrea* Linn. *Journal of Basic & Applied Sciences*. 2015;11:410.
 18. Barbade KD, Datar AG. Extraction, bioactivities, phytochemical investigation and *in-vivo* toxicity studies of *Mesua ferrea* L. Stamens. *Int J Pharm Pharm Sci*. 2015;7:93-97.
 19. Bens GA, Van den Bossche W, De Moerloose P. Separation and determination of components of spiramycin in bulk powders and in pharmaceutical preparations by high-performance liquid chromatography. *Chromatographia*. 1979;12:294-298.
 20. Bishop CT, Anet EFLJ, Gorham PR. Isolation and identification of the fast-death factor in *Microcystis aeruginosa* NRC-1. *Canadian journal of biochemistry and physiology*. 1959;37(3):453-471.
 21. Byrne C, Parnell JAN, Chayamarit K. Systematics of the Thai Calophyllaceae and Hypericaceae with comments on the Kielmeyeroidae (Clusiaceae). *Thai Forest Bulletin (Botany)*. 2018;46(2):162-216.
 22. Chahar MK, Kumar SDS, Geetha L, Lokesh T, Manohara KP. *Mesua ferrea* L.: A review of the medical evidence for its phytochemistry and pharmacological actions. *African Journal of Pharmacy and Pharmacology*. 2013;7(6):211-219.
 23. Chakraborty D, Arefin P, Bhattacharjee SC, Hasan M, Sarkar R, Das S, *et al.* Biological activity of *Mesua ferrea* (Nageswar) seed extracts: An *in vitro* and in silico study. *Informatics in Medicine Unlocked*. 2023;36:101166.
 24. Chandra S, Chatterjee P, Dey P, Bhattacharya S. Evaluation of anti-inflammatory effect of ashwagandha: a preliminary study *in vitro*. *Pharmacognosy Journal*. 2012;4(29):47-49.
 25. Chatterjee P, Chandra S, Dey P, Bhattacharya S. Evaluation of anti-inflammatory effects of green tea and black tea: A comparative *in vitro* study. *Journal of advanced pharmaceutical technology & research*. 2012;3(2):136.
 26. Cheesman MJ, Ilanko A, Blonk B, Cock IE. Developing new antimicrobial therapies: are synergistic combinations of plant extracts/compounds with conventional antibiotics the solution?. *Pharmacognosy reviews*. 2017;11(22):57.
 27. Chen M, Liu L, Chen X. Preparative isolation and analysis of alcohol dehydrogenase inhibitors from *Glycyrrhiza uralensis* root using ultrafiltration combined with high-performance liquid chromatography and high-speed counter current chromatography. *Journal of separation science*. 2014;37(13):1546-1551.
 28. Chitte RR, Date PK, Patil AM. Chromatographic methods for isolation and characterization of bioactive molecules from medicinal plant *Mesua ferrea* Linn. *Biochem. Biotechnol. Res*. 2016;4:60-67.
 29. Colwell A, Russell RG, Eastell R. Factors affecting the assay of urinary 3-hydroxy pyridinium crosslinks of collagen as markers of bone resorption. *European Journal of Clinical Investigation*. 1993 Jun;23(6):341-349.
 30. Confederat LG, Tuchilus CG, Dragan M, Sha'at M, Dragostin OM. Preparation and antimicrobial activity of chitosan and its derivatives: A concise review. *Molecules*. 2021;26(12):3694.
 31. Cucu AA, Baci GM, Cucu AB, Dezsı Ş, Lujerdean C, Hegeduş IC, *et al.* Calluna vulgaris as a Valuable Source of Bioactive Compounds: Exploring Its Phytochemical Profile, Biological Activities and Apitherapeutic Potential. *Plants*. 2022;11(15):1993.
 32. Das K, Tiwari RKS, Shrivastava DK. Techniques for evaluation of medicinal plant products as antimicrobial agent: Current methods and future trends. *Journal of medicinal plants research*. 2010 Jan 18;4(2):104-111.
 33. Silva DDD, Rapior S, Hyde KD, Bahkali AH. Medicinal mushrooms in prevention and control of diabetes mellitus. *Fungal diversity*. 2012;56:1-29.
 34. Zoysa dM, Nikapitiya C, Jeon YJ, Jee Y, Lee J. Anticoagulant activity of sulfated polysaccharide isolated from fermented brown seaweed *Sargassum fulvellum*. *Journal of Applied Phycology*. 2008;20:67-74.
 35. Debnath M. Clonal propagation and antimicrobial activity of an endemic medicinal plant *Stevia rebaudiana*. *Journal of medicinal plants research*. 2008;2(2):45-51.

36. DeFilipps RA, Krupnick GA. The medicinal plants of Myanmar. *Phyto Keys*. Jun 2018;28;(102):1-341. doi: 10.3897/phytokeys.102.24380. PMID: 30002597; PMCID: PMC6033956
37. Devasagayam TPA, Tilak JC, Bloor KK, Sane KS, Ghaskadbi SS, Lele RD. Free radicals and antioxidants in human health: current status and future prospects. *Japi*. 2004;52(794804):4.
38. Devi YD. *Pharmaceutico Analytical and Antifungal Study on Gandhaka Rasayana* (Doctoral dissertation, Rajiv Gandhi University of Health Sciences (India); c2012.
39. Divya RS, Venkatalakshmi P, Vadivel V, Brindha P. *In vitro* studies on the biological activities of flowers of banana (*Musa Paradisiaca* L.). *Der Pharmacia Lettre*. 2016;10:238-246.
40. Drissi B, Mahdi I, Yassir M, Ben Bakrim W, Bouissane L, Sobeh M. Cubeb (*Piper cubeba* Lf): A comprehensive review of its botany, phytochemistry, traditional uses, and pharmacological properties. *Frontiers in Nutrition*. 2022;9:1048520.
41. Farzaneh V, Carvalho IS. A review of the health benefit potentials of herbal plant infusions and their mechanism of actions. *Industrial Crops and Products*. 2015;65:247-258.
42. Gaidhani KA, Harwalkar M, Bhambere D, Nirgude PS. Lyophilization/freeze drying—a review. *World journal of pharmaceutical research*. 2015;4(8):516-543.
43. Govindappa M, Channabasava R, Sowmya DV, Meenakshi J, Shreevidya MR, Lavanya A, *et al*. Phytochemical screening, antimicrobial and *in vitro* anti-inflammatory activity of endophytic extracts from *Loranthus* sp. *Pharmacognosy Journal*. 2011;3(25):82-90.
44. Gracz-Bernaciak J, Mazur O, Nawrot R. Functional studies of plant latex as a rich source of bioactive compounds: Focus on proteins and alkaloids. *International journal of molecular sciences*. 2021;22(22):12427.
45. Gunalan S, Perumal P, Thirupathi B, Palanisamy V, Balaraman AK, Kumar GPS, Kothandan G. Insights of Novel Anti-Inflammatory Drugs Targeting Phosphodiesterase and Their Characterization: An *in-silico* and *in-vitro* Approach. In *Proceedings of International Conference on Drug Discovery (ICDD)*; 2020, February.
46. Gupta A, Chaphalkar SR. Inhibitory potential of aqueous leaves extract of *Mesua ferrea* and *Mimusops elengi* on antigen specific immune response using human whole blood. *Asian J Med Pharm Res*. 2015;5(3):22-6.
47. Gupta A, Khamkar PR, Chaphalkar SR. *In vitro* anti-inflammatory activity of root aqueous extract of *Mesua ferrea* in human whole blood and peripheral blood mononuclear cells using flow cytometry. *International Journal of Pharmacy & Life Sciences*. 2014;5(10).
48. Gurrapu S, Mamidala E. *In vitro* Hiv-1 Reverse Transcriptase Inhibition of Andrographolide Isolated From *Andrographis paniculata*. *European Journal of Biomedical*. 2017;4(12):516-522.
49. Hakim M, Patel I. High-performance thin-layer chromatography a densitometric detection of multi-class bioactive compounds from three species of marine algae Padina and identification of antioxidant substance with mass spectrometry. *Separation Science Plus*. 2022;5(12):682-692.
50. Hamidpour R, Hamidpour S, Elias G. *Rosmarinus officinalis* (Rosemary): A novel therapeutic agent for antioxidant, antimicrobial, anticancer, antidiabetic, antidepressant, neuroprotective, anti-inflammatory, and anti-obesity treatment. *Biomed J Sci Tech Res*. 2017;1(4):1-6.
51. Hasan M, Al Mahmud A, Alam MJ, Siddiqui SA, Arman MSI, Mahmud MH, *et al*. Subacute oral toxicity of ayurvedic anti-diabetic preparation Jambadyarista in Sprague-Dawley rats. *Toxicology Reports*. 2020;7:1616-1621.
52. Hayashi T, Hayashi K, Maeda M, Kojima I. Calcium spirulan, an inhibitor of enveloped virus replication, from a blue-green alga *Spirulina platensis*. *Journal of natural products*. 1996;59(1):83-87.
53. Hu C, Feng J, Cao Y, Chen L, Li Y. Deep eutectic solvents in sample preparation and determination methods of pesticides: Recent advances and future prospects. *Talanta*, 2023, 125092.
54. Jain M, Trivedi A, Mishra SH. TLC determination of marmesin, a biologically active marker from *Feronia limonia* L. *American Journal of Plant Sciences*. 2010;1(1):12.
55. Jain M, Trivedi A, Mishra SH. TLC determination of marmesin, a biologically active marker from *Feronia limonia* L. *American Journal of Plant Sciences*. 2010;1(1):12.
56. Jayaprakash GK, Mandadi KK, Poulouse SM, Jadegoud Y, Gowda GN, Patil BS. Inhibition of colon cancer cell growth and antioxidant activity of bioactive compounds from *Poncirus trifoliata* (L.) Raf. *Bioorganic & medicinal chemistry*, 2007;15(14):4923-4932.
57. Joseph CR, Ilanchezian R, Biswajyoti P, Harish CR. Research Article Available online through www.ijrap.net. *International Journal of Research in Ayurveda & Pharmacy*. 2010;1(2):264-272.
58. Keawsa-Ard S, Liawruangrath B, Kongtaweelert S. Bioactive compounds from *Mesua ferrea* stems. *Chiang Mai J Sci*. 2015;42(1):185-95.
59. Khameneh B, Iranshahy M, Soheili V, Fazly Bazzaz BS. Review on plant antimicrobials: a mechanistic viewpoint. *Antimicrobial Resistance & Infection Control*. 2019;8(1):1-28.
60. Khan F, Garg VK, Singh AK, Kumar T. Role of free radicals and certain antioxidants in the management of huntington's disease: A review. *J. Anal. Pharm. Res*. 2018;7:386-392.
61. Khanduri V. Pollen limitation failing reproductive success in selected animal pollinated trees of tropical moist deciduous forest of north-eastern hill region, India. *Hacquetia*. 2023;22(1):117-129.
62. Khare CP. *Indian medicinal plants: an illustrated dictionary*. Springer Science & Business Media; c2008.
63. Kotteswari M, Rao MRK, Kumar S, Prabhu K, Sundaram RL, Dinakar S. GC MS Analysis of One Ayurvedic Preparation 'Aswagandharishtam'. *Biomedical and Pharmacology Journal*. 2018;11(2):1061-1072.
64. Krishnadas M, Chandrasekhara K, Kumar A. The response of the frugivorous lion-tailed macaque (*Macaca silenus*) to a period of fruit scarcity. *American Journal of Primatology*. 2011;73(12):1250-1260.
65. Kshirsagar PR, Patil SM. Phytochemistry and Pharmacology of *Mesua ferrea* L. *Bioactive Compounds in Underutilized Fruits and Nuts*; c2020. p. 223-256.
66. Kumar S. Adulteration and substitution in endangered, costly herbal medicinal plants of India, investigates their

- active phytochemical constituents. *Int J Pharm Ther.* 2014;5(4):243-60.
67. Kumari R, Kumar A, Kumar B. Ethnobotanical investigation of medicinal plants used by rural communities of district Chatra, Jharkhand, India. *J Biotechnol Biochem.* 2019;5(6):34-49.
 68. Lange J, Thomas K, Wittmann C. Comparison of a capillary electrophoresis method with high-performance liquid chromatography for the determination of biogenic amines in various food samples. *Journal of Chromatography B.* 2002;779(2):229-239.
 69. Lata S. The Study of Some Crude Drugs of Fruit Origin. *Ethnobotany.* 2019;2:30.
 70. Lawag IL, Sostaric T, Lim LY, Hammer K, Locher C. The Development and Application of a HPTLC-Derived Database for the Identification of Phenolics in Honey. *Molecules.* 2022;27(19):6651.
 71. Lemos RC, da Silva EB, dos Santos A, Guimaraes RC, Ferreira BM, Guarnieri RA, *et al.* Demulsification of water-in-crude oil emulsions using ionic liquids and microwave irradiation. *Energy & Fuels.* 2010;24(8):4439-4444.
 72. Lindsey JS, Schreiman IC, Hsu HC, Kearney PC, Marguerettaz AM. Rothmund and Adler-Longo reactions revisited: synthesis of tetraphenylporphyrins under equilibrium conditions. *The Journal of Organic Chemistry.* 1987;52(5):827-836.
 73. Lozano I, Van der Werf R, Bietiger W, Seyfritz E, Peronet C, Pinget M, *et al.* High-fructose and high-fat diet-induced disorders in rats: impact on diabetes risk, hepatic and vascular complications. *Nutrition & metabolism.* 2016;13:1-13.
 74. Mahady GB. Medicinal plants for the prevention and treatment of bacterial infections. *Current pharmaceutical design.* 2005;11(19):2405-2427.
 75. Mallavadhani UV, Aparna Y, Mohapatra S, Mane DV. A fast isolation method for glycyrrhizic acid, the bioactive marker of *Glycyrrhiza glabra*, and its quantitative evaluation in some single and multiherbal formulations using high-performance thin-layer chromatography. *JPC-Journal of Planar Chromatography-Modern TLC.* 2019;32(2):81-87.
 76. Mandal S, Patra A, Pradhan S, Roy S. Nephro-protective activity of isolated methanol fractions phyto-compound from bark of Terminalia arjuna; c2017.
 77. Maneesha SR, Vidula P, Ubarhande VA, Chakurkar EB. Astrologically designed medicinal gardens of India. *International Journal of Bio-resource and Stress Management.* 2021;12(2):108-120.
 78. Martelli G, Giacomini D. Antibacterial and antioxidant activities for natural and synthetic dual-active compounds. *European Journal of Medicinal Chemistry.* 2018;158:91-105.
 79. Milton GM, Brown RM. A review of analytical techniques for the determination of carbon-14 in environmental samples; c1993.
 80. Minai-Tehrani D, Herfatmanesh A. Biodegradation of aliphatic and aromatic fractions of heavy crude oil-contaminated soil: A pilot study. *Bioremediation Journal.* 2007;11(2):71-76.
 81. Murthuza S, Manjunatha BK. *In vitro* and *in vivo* evaluation of anti-inflammatory potency of *Mesua ferrea*, *Saraca asoca*, *Viscum album* & *Anthocephalus cadamba* in murine macrophages raw 264.7 cell lines and Wistar albino rats. Beni-Suef University journal of basic and applied sciences. 2018;7(4):719-723.
 82. Nadpara NP, Vaghela JP, Patel PB. Phytochemistry and Pharmacology of *Mesua ferrea* Linn. A Review. *Research Journal of Pharmacognosy and Phytochemistry.* 2012;4(6):291-296.
 83. Nakyai W, Pabuprapap W, Sroimee W, Ajavakom V, Yingongnarongkul BE, Suksamrarn A. Anti-acne vulgaris potential of the ethanolic extract of *Mesua ferrea* L. flowers. *Cosmetics.* 2021 Nov 12;8(4):107.
 84. Nöst X, Pferschy-Wenzig EM, Yu XT, Li M, Tong XL, Bauer R. Comprehensive metabolic profiling of modified gegen qinlian decoction by ultra-high-performance liquid chromatography-diode array detection-Q-exactive-orbitrap-electrospray ionization-mass spectrometry/mass spectrometry and application of high-performance thin-layer chromatography for its fingerprint analysis. *World Journal of Traditional Chinese Medicine.* 2021;7(1):11-32.
 85. Patil AM, Shinde SS, Pralhad D. Identification of novel compounds using chromatographic methods and screening for protease activity and anti-inflammatory activity of *Adhatoda vasica*; c2023.
 86. Patra JK, Thatoi H. Anticancer activity and chromatography characterization of methanol extract of *Heritiera fomes* Buch. Ham., a mangrove plant from Bhitarkanika, India. *Oriental Pharmacy and Experimental Medicine.* 2013;13:133-142.
 87. Patra JK, Thatoi H. Anticancer activity and chromatography characterization of methanol extract of *Heritiera fomes* Buch. Ham., a mangrove plant from Bhitarkanika, India. *Oriental Pharmacy and Experimental Medicine.* 2013;13:133-142.
 88. Patra JK, Gouda S, Sahoo SK, Thatoi HN. Chromatography separation, 1H NMR analysis and bioautography screening of methanol extract of *Excoecaria agallocha* L. from Bhitarkanika, Orissa, India. *Asian Pacific journal of tropical Biomedicine.* 2012;2(1):S50-S56.
 89. Patra JK, Gouda S, Sahoo SK, Thatoi HN. Chromatography separation, 1H NMR analysis and bioautography screening of methanol extract of *Excoecaria agallocha* L. from Bhitarkanika, Orissa, India. *Asian Pacific journal of tropical Biomedicine.* 2012;2(1):S50-S56.
 90. Plekratoke K, Boonyarat C, Monthakantirat O, Nualkaew N, Wangboonskul J, Awale S, *et al.* The Effect of Ethanol Extract from *Mesua ferrea* Linn Flower on Alzheimer's Disease and Its Underlying Mechanism. *Current Issues in Molecular Biology.* 2023;45(5):4063-4079.
 91. Previtera L, Fucci G, De Marco A, Romanucci V, Di Fabio G, Zarrelli A. Chemical and organoleptic characteristics of tomato purée enriched with lyophilized tomato pomace. *Journal of the Science of Food and Agriculture.* 2016;96(6):1953-1958.
 92. Rajalakshmi P, Vadivel V, Ravichandran N, Brindha P. Investigation on pharmacognostic parameters of sirunagapoo (*Mesua ferrea* L): a traditional Indian herbal drug. *Pharmacognosy Journal.* 2019, 11(2).
 93. Rajilesh VK. Systematic studies on the bryophyte flora of mathikettan shola national park, Kerala (Doctoral dissertation, KSCSTE-Malabar Botanical Garden and Institute for Plant Sciences Kozhikode, Calicut University.); c2019.
 94. Raman TS, Rawat GS, Johnsingh AJT. Recovery of

- tropical rainforest avifauna in relation to vegetation succession following shifting cultivation in Mizoram, north-east India. *Journal of Applied ecology*. 1998;35(2):214-231.
95. Reiffová K, Nemcová R. Thin-layer chromatography analysis of fructooligosaccharides in biological samples. *Journal of chromatography A*. 2006;1110(1-2):214-221.
 96. RmW L, Liyanage RP, Weerasooriya WM. Antimicrobial effect of herbal ingredients in Sarvavishadi oil. *Int J Sci Res Publ*. 2020;10(6):1-10.
 97. Rouger C, Derbré S, Richomme P. *Mesua* sp.: chemical aspects and pharmacological relevance of prenylated polyphenols. *Phytochemistry Reviews*. 2019;18:317-342.
 98. Saxena HO, Das A, Parihar S. *Dillenia pentagyna* Roxb.: A Review on Phytochemistry and Pharmacology; c2022.
 99. Selvam A. Inventory of vegetable crude drug samples housed in botanical survey of India, Howrah. *Pharmacognosy Reviews*. 2008;2(3):61.
 100. Seukep AJ, Kuete V, Nahar L, Sarker SD, Guo M. Plant-derived secondary metabolites as the main source of efflux pump inhibitors and methods for identification. *Journal of pharmaceutical analysis*. 2020;10(4):277-290.
 101. Shali KS, Soumya NP, Mondal S, Mini S. Hepatoprotective effect of morin via regulating the oxidative stress and carbohydrate metabolism in STZ induced diabetic rats. *Bioactive Compounds in Health and Disease*. 2022 Mar 16;5(3):53-66.
 102. Sharma A, Sharma S, Parashar B. *Mesua ferrea* Linn: A review of the Indian Medical Herb. *Systematic Reviews in Pharmacy*. 2017;8(1):19.
 103. Sharma R, Martins N, Kuca K, Chaudhary A, Kabra A, Rao MM, *et al*. Chyawanprash: A traditional Indian bioactive health supplement. *Biomolecules*. 2019 Apr 26;9(5):161.
 104. Shelke RG, Rangan L. The whole chloroplast genome of *Mesua ferrea*: Insight into the dynamic pattern of evolution and its comparison with species from recently diverged families. *Gene*. 2022;846:146866.
 105. Shome U, Mehrotra S, Sharma HP. Pharmacognostic studies on the flower of *Mesua ferrea* L. *Proceedings of the Indian Academy of Sciences-Section B. Part 3, Plant Sciences*. 1982;91:211-226.
 106. Shubhashree MN, Shantha TR, Ramarao V, Reddy MP, Venkateshwaraul G. A review on therapeutic uses of flowers as depicted in classical texts of Ayurveda and Siddha. *J. Res. Educ. Indian Med*. 2015;21:1-14.
 107. Singh AK, Yadav D, Sharma N, Jin JO. Dipeptidyl peptidase (DPP)-IV inhibitors with antioxidant potential isolated from natural sources: A novel approach for the management of diabetes. *Pharmaceuticals*. 2021;14(6):586.
 108. Singh RP, Sharad S, Kapur S. Free radicals and oxidative stress in neurodegenerative diseases: relevance of dietary antioxidants. *J Indian Acad Clin Med*. 2004;5(3):218-225.
 109. Siram O, Sahoo N, Saha UK. Changing landscape of India's renewable energy and the contribution of wind energy. *Cleaner Engineering and Technology*. 2022;8:100506.
 110. Smith MAL, Marley KA, Seigler D, Singletary KW, Meline B. Bioactive properties of wild blueberry fruits. *Journal of Food Science*. 2000;65(2):352-356.
 111. Smyth T, Perfumo A, McClean S, Marchant R, Banat I. Isolation and Analysis of Lipopeptides and High Molecular Weight Biosurfactants. In *Handbook of hydrocarbon and lipid microbiology*. Springer; c2010. p. 3688-3704.
 112. Soni V, Jha AK, Dwivedi J, Soni P. Qualitative and Quantitative Determination of Phytoconstituents in Some Antifertility Herbs. *Indian Journal of Pharmaceutical Sciences*. 2018;80(1).
 113. Subramani R, Narayanasamy M, Feussner KD. Plant-derived antimicrobials to fight against multi-drug-resistant human pathogens. *3 Biotech*. 2017;7:1-15.
 114. Subramaniam K, Subramanian SK, Bhargav S, Parameswari R, Praveena R, Ravikumar R, *et al*. Review on potential antiviral and immunomodulatory properties of Piper Longum. In *IOP Conference Series: Materials Science and Engineering*. April 2021;1145(1):012099. IOP Publishing.
 115. Tadesse S, Mazumder A, Bucar F, Veeresham C, Asres K. Chemical composition and biological activities of the essential oil of *Plectranthus caninus* Roth. *Pharmacognosy Journal*. 2011;3(26):1-7.
 116. Takale N, Wadibhasme S, Ghule B, Kotagale N. Development of betulin as phytochemical reference standard for the analysis of *Hygrophila schulli* plant by a validated high-performance thin-layer chromatography method. *JPC–Journal of Planar Chromatography–Modern TLC*, 2023, 1-10.
 117. Tiwari Y, Kumar B, Chauhan D, Singh A. *In vitro* Evaluation of Anti-Inflammatory Activity of Woodfordia fruticosa Leaves. *Annals of the Romanian Society for Cell Biology*; c2021. p. 4156-4169.
 118. Valko M, Leibfritz D, Moncol J, Cronin MT, Mazur M, Telser J. Free radicals and antioxidants in normal physiological functions and human disease. *The international journal of biochemistry & cell biology*. 2007;39(1):44-84.
 119. Sam VH, Nanthavong K, Kessler PJ. Trees of Laos and Vietnam: A field guide to 100 economically or ecologically important species. *Blumea-Biodiversity, Evolution and Biogeography of Plants*. 2004;49(2-3):201-349.
 120. Vaou N, Stavropoulou E, Voidarou C, Tsigalou C, Bezirtzoglou E. Towards advances in medicinal plant antimicrobial activity: A review study on challenges and future perspectives. *Microorganisms*. 2021;9(10):2041.
 121. Wang W. Lyophilization and development of solid protein pharmaceuticals. *International journal of pharmaceuticals*. 2000;203(1-2):1-60.
 122. Wianowska D, Olszowy-Tomczyk M. A concise profile of gallic acid—From its natural sources through biological properties and chemical methods of determination. *Molecules*. 2023;28(3):1186.
 123. Young IS, Woodside JV. Antioxidants in health and disease. *Journal of clinical pathology*. 2001;54(3):176-186.
 124. Zaid AN, Al Ramahi R. Depigmentation and anti-aging treatment by natural molecules. *Current pharmaceutical design*. 2019;25(20):2292-2312.
 125. Zhang D, Arunachalam K, Wang Y, Zhang Y, Yang J, Hein PP, Yang X. Evaluation on antidiabetic properties of medicinal plants from Myanmar. *The Scientific World Journal*; c2021.
 126. Sakat SS, Juvekar AR. Comparative study of *Erythrina indica* Lam. (Fabaceae) leaves extracts for antioxidant activity. *Journal of Young Pharmacists*. 2010 Jan 1;2(1):63-7.
 127. Shinde UA, Phadke AS, Nair AM, Mungantiwar AA,

- Dikshit VJ, Saraf MN. Membrane stabilizing activity-a possible mechanism of action for the anti-inflammatory activity of Cedrus deodara wood oil. *Fitoterapia*. 1999 Jun 1;70(3):251-7.
- 128.Oyedepo DO, Gifford P. Breaking financial hardship. Dominion Publishing House; 1995.
- 129.Leelaprakash G, Dass SM. *In vitro* anti-inflammatory activity of methanol extract of *Enicostemma axillare*. *International Journal of Drug Development and Research*. 2011 Jul;3(3):189-196.